

Curated Itinerary

DAY ONE

7:30: Yoga
8:30: Breakfast
9:30: CEUS
12:00: Lunch
1:20: Depart for excursion
4:30: Cocktails + CEUS
7:00 Dinner



DAY TWO

7:30: Yoga
8:30: Breakfast
9:45: Spa Day
Lunch: Choose Your Own Adventure
2:30: CEUS
4:30 Cocktails + Pictures
5:30 Dinner



DAY THREE

7:30: Deep Stretch + Meditation
8:30: Brekfast
10:00: Departure

WHOLE SOUL RETREATS