

# Program of Study

## Block One

THE TRANSITION TO 1099 WORK AS A CRNA: REMOVING THE MYSTERY OF HOW TO ESTABLISH A BUSINESS  
INSURANCE REQUIREMENTS AND OPTIONS FOR SELF EMPLOYED ANESTHESIA PROVIDERS  
THE POWER OF INVESTING: HOW TO SECURE A FUTURE AS A 1099 CRNA

5 CEU CREDITS

## Block Two

MICRONUTRIENTS: WHAT WE LACK WORKING IN HEALTHCARE + HOW TO IMPROVE YOUR BODY'S NUTRITION PROFILE  
IMPROVING SLEEP + COMBATING INSOMNIA: HOLISTIC APPROACHES  
MENTAL HEALTH PRESERVATION IN THE FIELD OF ANESTHESIA  
INCREASING IMMUNITY IN THE FACE OF STRESS AND COMMUNITY ILLNESS  
INCREASING IMMUNITY IN THE FACE OF STRESS AND COMMUNITY ILLNESS

5 CEU CREDITS

## Block Three

COMMUNICATION TOOLS: COMMUNICATING CONFIDENTLY AND IMPROVING INTER-PROFESSIONAL RELATIONSHIPS  
TOOLS OF AN EFFECTIVE LEADER: IMPROVING THE MORALE OF YOUR WORKPLACE  
BULLET JOURNALING: A 'HOW TO' + THE BENEFITS OF 'THE BRAIN DUMP'  
PROVEN WAYS TO IMPROVE SELF-CONFIDENCE  
ADVOCATING FOR OUR PROFESSION: A GUIDE FOR THE BUSY CRNA-

5 CEU CREDITS

## Block Four

NON-OPIOID ANESTHESIA TECHNIQUES  
NEURAXIAL ANESTHESIA: A CUMMULATIVE REVIEW  
THE DIFFICULT AIRWAY ALGORITHM: A CUMULATIVE REVIEW  
PONV TREATMENT: A REVIEW OF WELL-KNOWN TREATMENTS + NEWLY EMERGING

5 CEU CREDITS

## Block Five

MALIGNANT HYPERTHERMIA: PREVENTION, IDENTIFICATION, AND TREATMENT  
ANAPHYLAXIS: PREVENTION, IDENTIFICATION, AND TREATMENT  
AIRWAY FIRES: PREVENTION AND TREATMENT  
AUTONOMIC HYPERREFLEXIA: PREVENTION, IDENTIFICATION, AND TREATMENT  
VENOUS AIR EMBOLISMS: PREVENTION, IDENTIFICATION, AND TREATMENT

5 CEU CREDITS

This program has been prior approved by the American Association of Nurse Anesthesiology for 25.00 Class A CE credits; Code Number **1041015**; Expiration Date 01/01/2024

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*WSR Anesthesia Conference*

Virtual Option Available  
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