

Scotsane, AZ Sayana Pay

About Scotsdale

Scottsdale, located in the Sonoran Desert at the foot of the scenic McDowell Mountains, is the epitome of Southwest charm. Known for having some of the very best spas in the world, championship golf courses, fine dining, and jaw dropping backdrops, it was an easy one to pick. Come see why Scottsdale draws celebrities and those who crave pure pampering from all around the world.

About the House We've hand picked the most luxurious villa! Filled with expansive pool side views, breathtaking desert and mountain scenery, and views for days! Many of our Scottsdale guests return every year. We've set up the ultimate space to make you feel pampered and reenergized.

Discailmen

Please note, the suggestion herein are highly recommended, researched. and even tried by our staff. They are not the only options in Scottsdale however, and we encourage you to venture out and let us know if there's a spot that missed our list!





Airport Details

You'll want to fly into the Phoenix Sky Harbor International Airport (PHX). There are three other airports, but this is the largest and easiest way to get to the villa.

Travel to the house:

UberX estimates roughly \$37.50.

Cabs in Scottsdale, AZ are expected to be \$48. The villa is 20 miles from the airport.

Many of our clients choose to share rental cars for the trip or even share an Uber. What a better way to get to know each other!





Arriving early? Staying Late? Make it a whole week with your besties! Here are some of our recommendations in Scottsdale:

The Scott

We may be partial, but this place is amazing.

Rooms estimate around \$305/night during June
thescottresort.com

Hotel Valley Ho

Voted one of the best of 2022 by TripAdvisor. Rooms estimate around \$298/night in June. hotelvalleyho.com

Sip, Sip, HOORAY

First things, first: COFFEE

'nuff said.

Berdena's

7051 E 5th Ave, Suite I Scottsdale AZ 85251 berdenas.com (Fancy teas, coffees, and chai)

Press Coffee

10443 N 32nd St, Phoenix AZ 85028 presscoffee.com (Award winning coffee -roasts its own beans!)





Arizona is known for some breathtaking tourism. Most tours don't work for our curriculum, but if you're sticking around, check out our recommendations.

Grand Canyon and Sedona Day Adventure

viator.com/888-651-9785

Leaves from Phoenix/Scottsdale and takes you through The Grand Canyon and Sedona. This tour is kept small and sells out frequently.

Desert Monster Tours

desertmonstertours.com/866-777-1950 One of the highest rated tours! Drive an ATV at sunset through the desert. Various tour sizes. They recommend closed toe shoes and no alcohol.

While you're on retreat, we'll be providing the grounding, but if you're looking to start the party early or keep it going, check out these places!

Radi8 Hot Yoga

3950 E Indian Schoo Rd. Suite 110 Phoenix AZ radi8love.com (Best Hot Yoga!)

Yoga Box

2836 E Indian School Rd, Suite A4 Phoenix AZ theyogabox.com (Hot Vinyasa, Power, Sculpt and Restore)





Arizona

Arizona is stunning. While we will stick to the Scottsdale area, we would hate for you to miss what Arizona has to offer. Depending on how much time you have, we'd definitely spend a day in one of these day hikes:

Cathedral Rock Sedona. AZ

Bright Angel Trail

Grand Canyon National Park, AZ

Camelback Mountain Phoenix. AZ

Fay Canyon Trail Sedona, AZ



Sco Same AZ Say and Pay

First Time!?

If you have ever dreamed of feeling what the Southwest has to offer, Scotty is the place for you. From hiking, fine eating, amazing shopping, or just spa pampering, you simply cannot go wrong here. If it's your first time, check out some of these staples that we absolutely love:

Lighthouse ArtSpace Phoenix

4301 N Scottsdale Road, Scottsdale, AZ 95251 (multiplex with live art shows, cool exhibits, and state-of-the-art tech)

Desert Botanical Garden

1201 N. Galvin Pkwy. Phoenix, AZ 85008 (50k desert plants nestled between red rock mountains)

Old Adobe Mission

3817 N. Brown Ave. Scottsdale, AZ 85251 (Completed in 1933 - one of three historic Abobe homes left in Scottsdale)

Scottsdale Selfie

1201 N. Galvin Pkwy. Phoenix, AZ 85008
(a BYOB optional photography studio filled with amazing backgrounds perfect for traveling friends)





Sip. Sip: HOORAY

Cocktails

Because adulting is hard.

Coach House

7011 E. Indian School Rd. Scottsdale thecoachhousescottsdale.com (Scottsdale's oldest tavern)

OH Pool Bar & Cabanas (Valley Ho Hotel)

6850 E. Main St. Scottsdale, AZ hotelvalleyho.com/pools (drinks by the pool - oh, yes please!)





Our love language

Old Town Tortilla Factory (\$\$)

6910 E Main St, Scottsdale, AZ 85251 480-945-4567 (Built in an 85+ year old Adobe home)

Ocean 44 (\$\$\$)

4748 N Goldwater Blvd, Sedona, AZ 85251 480-867-0044 (Upscale seafood at its finest)

LON's at The Hermosa (\$\$\$)

5532 N. Palo Cristi Rd. Paradise Valley, AZ 85253 602-955-7878

(Celebrated four diamond restuarant)



Shop

Is it even a girls trip if you don't do some damage? Take home a piece of your trip!

The Mercantile of Scottsdale

3965 N. Brown Ave. Scottsdale, AZ
themercantileofscottsdale.com
(full of local handmade goods from jewelry, decor & clothes)

Scottsdale Quarter

15059 N. Scottsdale Rd., Ste. 205 Scottsdale, AZ scottsdalequarter.com (open air market with boutique, upscale shopping)

Scottsdale Arts District

Main Street and Marshall Way Scottsdale, AZ scottsdaleartsdistrict.com (the finest galleries with a cool atmosphere)

