

Your Curated Itinerary

ISLE OF PALMS, SOUTH CAROLINA

DAY ONE

VILLA OPEN TO GUESTS AT 5:00 PM

EVENING: MEET AND GREET
SUNSET YOGA
DINNER

DAY TWO

MORNING: SUNRISE YOGA
MINDFULNESS SEMINAR
BREAKFAST
AFTERNOON: SHOPPING + SPA DAY
EVENING: DINNER

DAY THREE

MORNING: YOGA
MINDFULNESS SEMINAR
BREAKFAST
AESTHETIC INJECTING SEMINAR
EVENING: CATAMARAN CRUISE

DAY FOUR

MORNING: YOGA
MINDFULNESS SEMINAR
BREAKFAST
VILLA DEPARTURE AT 8:30 AM